

# LUNCH & DINNER (11am-Close)

## CHICKEN SAMMIES

comes with fries - or - mixed greens salad

**HOUSE** 13.99  
pickles, lettuce, tomato, ranch

**BUFFALO** 13.99  
spicy buffalo sauce, pickles, lettuce, ranch

**PICNIC** 14.99  
coleslaw, BBQ sauce, pickles, lettuce

**GENERAL TSO** 14.99  
spicy scallion slaw, General Tso sauce, lettuce

**NASHVILLE HOT** 13.99  
Nashville sauce, lettuce, mayo, pickles

**COWBOY** 15.99  
bacon, crispy onions, ranch, lettuce

**CHICKEN & WAFFLES** 16.99  
bacon, apple, maple mayo, on a waffle bun

**NUGZ**  
comes with fries - or - mixed greens salad

**CHICKEN NUGZ** 11.49  
choice of sauce: buffalo | ranch  
BBQ | Nashville hot  
  
make them "dirty nugz"  
toss in BBQ spice rub +.50

## GRAIN BOWLS

GF grains & mixed greens blend

**MR. CRISPY** 15.99  
crispy GF chicken, sweet potatoes, apple, sunflower seeds, blue cheese, ranch dressing

**AUTUMN** 15.99  
roasted chicken, apple, spiced sweet potatoes, goat cheese, pepitas, cider vinaigrette

**HARVEST** 15.99  
creamy ranch chicken salad, cheddar, dried cranberries, beets, sunflower seeds, shredded carrots, cider vinaigrette

**MEXICALI** 15.99  
roasted chicken, cherry tomatoes, chili-lime crema, cheddar, roasted peppers, pepitas, citrus vinaigrette

**POWER** 15.99  
tofu, roasted carrots & broccoli, sunflower seeds, nutritional yeast, hemp seeds, cider vinaigrette

**GREEK** 15.99  
hummus, olives, tomatoes, tzatziki sauce, cucumber, goat cheese, roasted peppers, citrus vinaigrette

**SESAME** 15.99  
crispy GF chicken, hoisin sauce, roasted carrots & broccoli, sesame seeds, sesame-tamari vinaigrette

**ATLANTIC** 16.99  
roasted salmon, tomatoes, roasted broccoli, cucumbers, tzatziki sauce, sunflower seeds, citrus vinaigrette

**PACIFIC** 16.99  
roasted salmon, spicy scallion slaw, roasted carrots & broccoli, sesame-tamari vinaigrette

**COBB** 16.99  
roasted chicken breast, hardboiled egg, tomatoes, blue cheese, shredded carrots, cucumbers, gluten-free croutons, cider vinaigrette

## HOUSE BURGERS

comes with fries - or - mixed greens salad

**'MERICA** 13.99  
LaPlatte Farm beef, lettuce, griddled onion, pickles, house dressing

**BAM! BAM!** 14.99  
LaPlatte Farm beef, lettuce, pickled jalapeños, crispy onions, BBQ sauce

**SOUTHBOUND** 14.99  
LaPlatte Farm beef, BBQ sauce, coleslaw, crispy onions, lettuce

**ADDISON** 13.99  
Stonewood Farm turkey, lettuce, griddled onions, sliced apple, cranberry mayo

**PEKING** 13.99  
Stonewood Farm turkey, lettuce, hoisin glaze, spicy scallion slaw, crispy onions

**PUEBLA** 14.99  
veggie patty, chili-lime crema, lettuce, tomato

**GODDESS** 14.99  
veggie patty, tzatziki sauce, lettuce, roasted peppers

**HOT DOGS**  
comes with fries - or - mixed greens salad

**PLAIN JANE** 9.99  
all-natural hot dog, toasted bun

**VERMONT** 11.99  
Cabot cheddar, apple, maple dijonnaise

**NEW YORK** 11.99  
sauerkraut, onion, brown mustard

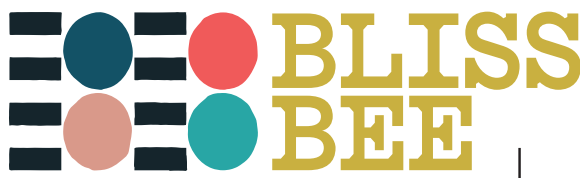
**KANSAS CITY** 12.49  
American cheese, sauerkraut, house dressing

**CHICAGO** 12.49  
pickle, onion, tomato, sport peppers, relish, mustard, celery salt

Scan here to view our allergen statement.



Consuming raw and undercooked food may lead to foodborne illness.



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## SIDES

**FRIES** 5.49 pint

**SWEET POTATO FRIES** 5.99 pint

**COLESLAW** 4.19

**SIDE SALAD** 5.99

cider vinaigrette - or - ranch  
add chicken 3.29

**LIL' BEET SALAD** 5.99

beets, goat cheese, vinaigrette, pepitas

**LIL' CUCUMBER SALAD** 5.99

cukes, cherry tomatoes, roasted peppers,  
vinaigrette, goat cheese

**LIL' BROCCOLI SALAD** 5.29

roasted broccoli & carrots, sesame-tamari  
vinaigrette, sunflower seeds

## KIDS

*comes with fries - or - mixed greens salad*

**GRILLED CHEESE** 8.49

American or cheddar cheese

**PLAIN HOT DOG** 9.99

all-natural hot dog, toasted bun

**PLAIN BURGER** 11.99

beef, turkey, or veggie patty

**PLAIN CHICKEN SAMMIE** 11.99

fried chicken on a bun

## FROZEN LEMONADE

*frozen fruit blended with lemonade*

**STRAWBERRY, BLUEBERRY,  
OR PINEAPPLE** 3.49

## HOT CLASSICS

**HOT COFFEE** 2.99

**ESPRESSO** 2.49

**CAPPUCCINO** 3.99

**AMERICANO** 2.49

**HOT TEA** 1.99

**LATTE** 3.99 | 4.99

**MOCHA** 3.99 | 4.99

**CHAI LATTE** 3.99 | 4.99

## ICED CLASSICS

**ICED COFFEE** 3.99

**ICED LATTE** 4.99

**ICED MOCHA** 4.99

**ICED CHAI LATTE** 4.99

## HOUSE DRINKS

*hot -or- iced*

**HONEY HAZE** 5.99 | 6.99

latte with honey & cinnamon

**MAPLE DELIGHT** 5.99 | 6.99

latte with maple & vanilla

**DIRTY CHAI** 5.99 | 6.99

chai latte with espresso & honey

**LAVENDER HONEY LATTE** 5.99 | 6.99

latte with lavender & honey

**MILK CHOICES**

whole milk | soy milk | oat milk

## SHAKES

**VANILLA, CHOCOLATE,  
MAPLE, OR STRAWBERRY** 7.99 (16oz)

+whipped cream 0.29

## SMOOTHIES

*nut free, dairy free, gluten free* 7.99 (16oz)

**MOCHA**

soy milk, banana, cold brew espresso, chocolate

**BERRY BANANA**

soy milk, strawberry, banana, honey

**PIÑA COLADA**

soy milk, banana, pineapple

**PURPLE HAZE**

soy milk, blueberry, banana

**STRAWBERRY KISS**

soy milk, pineapple, strawberry, honey

**VERY BERRY**

soy milk, strawberry, blueberry, honey

**ADD PLANT PROTEIN** 2.00  
**TO ANY SMOOTHIE (13g)**

add a scoop of Sprout Living organic  
plant protein powder. no additives, vegan,  
gluten -free.

## 'DIRTY' SODAS

*sodas with unique flavorings* 3.49 (16oz)  
+whipped cream 0.29

**LAVENDER LEMONADE**

Lemonade + lavender

**COLA COCO**

Coca-Cola + coconut + vanilla + half & half

**SOCK HOP**

Coca-Cola + cherry + vanilla

**VANILLA DREAM**

Diet Coke + sugar-free vanilla + half & half

**LEMON BREEZE**

Sprite + passion fruit + coconut

**SOUR HEAD**

Sprite + cherry + wild berry

**DIRTY PEPPER**

Dr. Pepper + coconut + cherry + half & half

**BERRY MULE**

ginger ale + wild berry + passion fruit

**DARK & STORMY**

ginger ale + cherry + vanilla

**BUTTER BEER**

root beer + vanilla + half & half

**CREAMSICLE**

Fanta Orange + vanilla + half & half