BLIS	S LUNCH &	DINNER	(11am-Close)
BRR.	GRAIN BOWLS	HOUSE BU	RGERS
	GE argins & mixed greens bland	comes with fries - or	- mixed areens salad

CHICKEN

comes with fries - or - mixed greens salad **HOUSE** 14.49 pickles, lettuce, tomato, ranch

BUFFALO 14.49 spicy buffalo sauce, pickles, lettuce, tomato, ranch

PICNIC 14.49 coleslaw, BBQ sauce, pickles, lettuce

GENERAL TSO 14.49 spicy scallion slaw, General Tso sauce, lettuce, sesame seeds

NASHVILLE HOT 14.49 Nashville sauce, lettuce, mayo, pickles

COWBOY 15.49 bacon, crispy onions, ranch, lettuce

CHICKEN & WAFFLES 16.49 bacon, apple, maple mayo, on a waffle bun

NUGZ

comes with fries - or - mixed greens salad

CHICKEN NUGZ sauces: buffalo | ranch | BBQ | nashville hot make 'em 'dirty' with a BBQ spice rub

SIDES

5.49 pint **FRIES**

SWEET POTATO FRIES 5.99 pint

COLESLAW 4.19

SIDE SALAD 5.99 cider vinaigrette - or - ranch

add chicken 3.29 Special: LIL' SPRING SALAD

6.99 roasted asparagus, sweet peas, goat cheese, sunflower seeds

5.99 LIL' BEET SALAD beets, goat cheese, vinaigrette, pepitas

LIL' CUCUMBER SALAD cukes, cherry tomatoes, roasted peppers, vinaigrette, goat cheese

LIL' BROCCOLI SALAD 5.29 roasted broccoli & carrots, sesame-tamari vinaigrette, sunflower seeds

GRAIN BOWLS

GF grains & mixed greens blend

Special: SPRING VEGGIE 15.99 **GRAIN BOWL**

gf grains blend, greens, roasted asparagus, shaved radish, sweet peas, goat cheese, sunflower seeds, cider vinaigrette

MR. CRISPY 15.99 crispy GF chicken, sweet potatoes, apple, sunflower seeds, blue cheese, ranch dressing

AUTUMN 15.99 roasted chicken, apple, spiced sweet potatoes, goat cheese, pepitas, cider vinaigrette

HARVEST 15.99 creamy ranch chicken salad, cheddar, dried cranberries, beets, sunflower seeds, shredded carrots, cider vinaigrette

MEXICALI 15.99 roasted chicken, cherry tomatoes, chili-lime crema, cheddar, pepitas, roasted peppers, citrus vinaigrette

POWER 15.99 tofu, roasted carrots & broccoli, sunflower seeds, nutritional yeast, hemp seeds, cider vinaigrette

GREEK 15.99 hummus, olives, tomatoes, tzatziki sauce, cucumber, goat cheese, roasted peppers, citrus vinaigrette

SESAME 14.99 crispy GF chicken, hoisin sauce, roasted carrots & broccoli, sesame seeds, sesame-tamari vinaigrette

ATLANTIC 15.99 roasted salmon, tomatoes, roasted broccoli, cucumbers, tzatziki sauce, sunflower seeds, citrus vinaigrette

PACIFIC 15.99 roasted salmon, spicy scallion slaw roasted carrots & broccoli, sesame-tamari vinaigrette

roasted chicken breast, hardboiled egg, tomatoes, blue cheese, shredded carrots, cucumbers, gluten-free croutons, cider vinaigrette

HOUSE BURGERS

comes with fries - or - mixed greens salad

Special: TEX MEX BURGER 14.99 avocado mash, pickled jalapeños, red onion, shredded lettuce choice of: beef, turkey, or veggie patty

'MERICA 13.99 LaPlatte Farm beef, lettuce, griddled onion, pickles, house dressing

BAM! BAM! 13.99 LaPlatte Farm beef, lettuce, pickled jalapeños, crispy onions, BBQ sauce

SOUTHBOUND 13.99 LaPlatte Farm beef, BBQ sauce, coleslaw, crispy onions, lettuce

ADDISON 13.99 Stonewood Farm turkey, cranberry mayo, lettuce, griddled onions, sliced apple

PEKING 13.99 Stonewood Farm turkey, hoisin glaze, lettuce, spicy scallion slaw, crispy onions

PUEBLA 13.99 veggie patty, chili-lime crema, lettuce, tomato

GODDESS 13.99 veggie patty, tzatziki sauce, lettuce, roasted peppers

HOT DOGS

comes with fries - or - mixed greens salad

PLAIN JANE 9.99 all-natural hot dog, toasted bun

VERMONT 11.99 Cabot cheddar, apple, maple dijonnaise

NEW YORK 11.99 sauerkraut, onion, brown mustard

KANSAS CITY 12.49 American cheese, sauerkraut,

house dressing

CHICAGO 12.49 pickle, onion, tomato, sport peppers, relish, mustard, celery salt

BLISS

BREAKFAST

(8am-11am)

KIDS

comes with fries - or - mixed greens salad

GRILLED CHEESE 8.49

American or cheddar cheese

PLAIN HOT DOG 9.99

all-natural hot dog, toasted bun

PLAIN BURGER 11.99 beef, turkey, or veggie patty

PLAIN CHICKEN SAMMIE 11.99

fried chicken on a bun

DIRTY' SODAS

all-natural Maine Root sodas 3.29 (16oz) blended with unique flavorings

+whipped cream 0.29

COLA COCO

cola + coconut + vanilla + half & half

SOUR HEAD

lemon-lime + cherry + wild berry

SOCK HOP

cola + cherry + vanilla

DARK & STORMY

ginger beer + cherry + vanilla

LEMON BREEZE

lemon-lime + passion fruit + coconut

BERRY MULE

ginger beer + wild berry + passion fruit

BUTTER BEER

root beer + vanilla + half & half

CREAMSICLE

vanilla cream + orange

Special: FROZEN

STRAWBERRY LEMONADE

SHAKES

VANILLA, CHOCOLATE, 7.99 (16oz)

MAPLE, OR STRAWBERRY

+whipped cream 0.29

Scan here to view our allergen statement.





SMOOTHIES

nut free, dairy free, gluten free 7.99 (16oz)

MOCHA

soy milk, banana, cold brew espresso, chocolate

BERRY BANANA

soy milk, strawberry, banana, honey

PIÑA COLADA

soy milk, banana, pineapple

PURPLE HAZE

soy milk, blueberry, banana

STRAWBERRY KISS

soy milk, pineapple, strawberry, honey

VERY BERRY

soy milk, strawberry, blueberry, honey

BREAKFAST BOWLS

GF grains & sweet potato blend

RANCH HAND 12.99

two fried eggs, cheddar cheese, crispy onions, ranch drizzle

RESOLUTION 14.99

two fried eggs, roasted broccoli, sliced apple, sunflower seeds, hemp seeds, maple mustard drizzle

AMERICANO

13.99

two fried eggs, American cheese, bacon, grilled onion, hot sauce drizzle

THE GENERAL

13.99

two fried eggs, roasted carrots & broccoli, spicy scallion slaw, sesame seeds, General Tso sauce

TZATZIKI

3.49

13.99

two fried eggs, cherry tomatoes, roasted peppers, tzatziki sauce

AMIGO

14.99

two fried eggs, bacon, cheddar cheese, cherry tomatoes, chili-lime crema, taco seasonings

 st eggs are cooked on a surface that also cooks meat products st

EGG SANDWICHES

offered solo -or- with side crispy hash browns

THE STANDARD	solo 3.99 6.99
fried egg on a bun	
add American cheese	.89
add Cabot cheddar	1.09
add bacon	.99
add sausage	1.09

THE PATRIOT

solo 6.99 | 9.99

egg, hash brown, bacon, grilled onions, mayo

MORNING RANCHER

solo 6.99 | 9.99

egg, bacon, hash brown, crispy onions, ranch

KICKSTART

solo 7.59 | 10.59

egg, bacon, pickled jalapeños, tomato, hot sauce

BREAKFAST B.L.T.

solo 6.99 | 9.99

egg, bacon, lettuce, tomato, mayo

VERMONTER

solo 5.99 | 8.99

egg, bacon, maple mustard, shaved apple

OL SCRAPPY

solo 9.59 12.59

egg, sausage, hash brown, crispy onions,

hot sauce, lettuce, ranch

BIG BEE

solo 6.99 | 9.99

5.99

1.99

egg, sausage, shaved apple, hot honey

CHICKEN & WAFFLES solo 10.99 | 13.99 crispy chicken, bacon, apple, maple mayo,

on a waffle bun

KIDS & SIDES

KIDS BREAKFAST SAMMIE 3.99 fried egg on a bun

PANCAKE BITES

dusted with cinnamon sugar, with a side of real maple syrup

SIDE HASH BROWNS 3.29

SIDE BACON

ORANGE JUICE 3.29