

EGG SANDWICHES

offered solo -or- with side crispy hash browns

THE STANDARD	solo 3.99 6.99
fried egg on a bun	
add American cheese	.89
add Cabot cheddar	1.09
add bacon	.99
add sausage	1.09

THE PATRIOT	solo 6.99 9.99
egg, hash brown, bacon, grilled onions, mayo	

MORNING RANCHER	solo 6.99 9.99
egg, bacon, hash brown, crispy onions, ranch	

KICKSTART	solo 6.99 9.99
egg, bacon, pickled jalapeños, tomato, hot sauce	

BREAKFAST B.L.T.	solo 6.99 9.99
egg, bacon, lettuce, tomato, mayo	

VERMONT	solo 5.99 8.99
egg, bacon, maple mustard, shaved apple	

'OL SCRAPPY	solo 9.59 12.59
egg, sausage, hash brown, crispy onions, hot sauce, lettuce, ranch	

BIG BEE	solo 6.99 9.99
egg, sausage, shaved apple, hot honey	

CHICKEN & WAFFLES	solo 10.99 13.99
crispy chicken, bacon, apple, maple mayo, on a waffle bun	

Scan here to view our allergen statement.



Consuming raw and undercooked food may lead to foodborne illness.

BREAKFAST BOWLS

GF grains & sweet potato blend

RANCH HAND	12.99
two fried eggs, cheddar cheese, crispy onions, ranch drizzle	

RESOLUTION	14.99
two fried eggs, roasted broccoli, sliced apple, sunflower seeds, hemp seeds, maple mustard drizzle	

TZATZIKI	13.99
two fried eggs, cherry tomatoes, roasted peppers, tzatziki sauce	

AMERICANO	13.99
two fried eggs, American cheese, bacon, grilled onion, hot sauce drizzle	

THE GENERAL	13.99
two fried eggs, roasted carrots & broccoli, spicy scallion slaw, sesame seeds, General Tso sauce	

AMIGO	14.99
two fried eggs, bacon, cheddar cheese, cherry tomatoes, chili-lime crema, taco seasonings	

eggs are cooked on a surface that also cooks meat products

SMOOTHIES

nut free, dairy free, gluten free 7.99 (16oz)

PIÑA COLADA
soy milk, banana, pineapple

MOCHA
soy milk, banana, cold brew, chocolate

BERRY BANANA
soy milk, strawberry, banana, honey

STRAWBERRY KISS
soy milk, pineapple, strawberry, honey

VERY BERRY
soy milk, strawberry, blueberry, honey

PURPLE HAZE
soy milk, blueberry, banana

ADD PLANT PROTEIN TO ANY SMOOTHIE (13g)	2.00
add a scoop of Sprout Living organic plant protein powder. no additives, vegan, gluten -free. made with chia seeds, pumpkin seeds, & yellow pea	

KIDS & SIDES

KIDS BREAKFAST SAMMIE	3.99
fried egg on a bun	

PANCAKE BITES	5.99
dusted with cinnamon sugar, with a side of real maple syrup	

SIDE HASH BROWNS	3.29
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SIDE BACON	1.99
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ORANGE JUICE	3.29
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